

FOOD PROGRAMS

FOOD PANTRIES

Salvation Army Food Pantry

Each individual or family can get food once a month. Come on any day, Monday-Friday, 9 am-1 pm, to start. To apply, bring photo ID, proof of address (lease, utility bill) and proof of income (paystubs, Social Security letter).

Apply Monday-Friday, 9 am - 1 pm
33 Myrtle Street
781-894-0413

Immanuel Church Food Pantry

A variety of fresh, frozen and canned foods. All are welcome.

Wednesdays, 9 am - noon
545 Moody Street
(Enter from Cherry Street)

Sacred Heart Food Pantry

This is a food pantry for Waltham residents- proof of residency is required along with picture ID. The church is located at the corner of River St and Clarke St. Please enter through the side door.

Thursdays , 4-5 pm
350 River Street
781-899-0469

Watch City Market

Each person/family can shop for up to 50 lbs of food including produce, meats, dairy and staple grocery items. The market is free to Waltham residents; there are no income requirements; no one will be turned away. However, please register in advance, so we know how many people are coming, by calling 781-314-5400 or sending email wpsmarket@walthampublicschools.org.

First Thursday of each month, 4-6 pm
McDevitt School, 75 Church Street

Christ Church- Grandma's Pantry

This pantry serves Waltham residents ages 60+. Clients should bring ID.

Hours of operation:
Fridays 9:00am-11:00 am
750 Main St
Waltham, MA, 02451
781-891-6012

FREE MEALS

Salvation Army

Breakfast, 9:30 am and lunch, 11:30 am, Monday-Friday
33 Myrtle Street
781-894-0413

Immanuel Methodist Church

Dinner, 7 days a week, 365 days a year, 2:30-5:30 pm
Enter via Cherry Street, on lower level of church.
Snacks and coffee available starting at 2:30 pm. Dinner at 5 pm.
545 Moody St.
Waltham, MA, 02453

Community Day Center for the Homeless

Serves snacks and lunch
Monday-Friday, 12:30-4:30 pm
16 Felton Street

MEALS ON WHEELS

This is a service for homebound elderly residents to receive two meals a day.

Council on Aging
488 Main St
Waltham, MA, 02453
781-314-3300

FARMERS' MARKET (SUMMER ONLY)

Tuesdays, 4-6:30 pm

Corner of Crescent and Cherry Streets

July-October

Pay just \$5 (or use a one-time coupon from WATCH, if available) in order to receive a bag of 6-8 different vegetables worth \$25-30. You can pay by cash, check or your SNAP (Food Stamps/EBT) card.

For more information, call 781-899-2403 or go to <http://communityfarms.org>