**Waltham Food Resources**

### Meals "to go" for Everyone

**Salvation Army**  
Monday-Friday  
Breakfast 9-10am  
Lunch 11:30am-1:00pm  
33 Myrtle St, Waltham

**Immanuel Methodist Church, Middlesex Human Services Agency**  
7 days a week  
4:30-5:30pm  
545 Moody St., Waltham  
Enter via Cherry Street, on the lower level of church.

**Waltham Islamic Society and Ummati Foundation**  
Vegetarian hot meals.  
Tues., Thurs., Sat. 6-7pm  
313 Moody St, Waltham

**Waltham YMCA**  
Age 0-18.  
Breakfast & Lunch  
Mon- Friday  
8am-12pm  
725 Lexington St., Waltham

**Financial Assistance:**  
Apply for food - SNAP (Food Stamps) over the phone (bilingual)  
617-549-3328  
Mon-Fri  
8am-4pm

### Meals "to go" for Seniors

**Waltham Islamic Society**  
Seniors (60+) can call 774-275-7992 to have food delivered and/or medication picked up and delivered.

**Waltham Council on Aging**  
Call the senior center at 781-314-3499 to request delivery of frozen meals for those who have no other resources.

**Springwell**  
For residents 60 and older.  
Waltham Clark Apartments  
Monday-Friday, 11:30am  
48 Pine St, Waltham

**Waltham Mill Apartments**  
Tuesdays, 11:30am  
174 Moody St, Waltham

### Meals "to go" for Youth

**Waltham Public Schools**  
For families with children 0-21  
(Mondays, 11:30am - 1pm  
McDevitt Middle School  
75 Church Street, Waltham

**Waltham Boys & Girls Club**  
For families with children 0-18  
(children do not need to come).  
Monday- Friday  
11:30am-12pm  
Chesterbrook Gardens: 22 Brookway Rd.  
Prospect Hill Housing: 2 Hansen Road  
Home Suites Inn: 455 Totten Pond Road

**Waltham YMCA**  
Age 0-18.  
Breakfast & Lunch  
Mon- Friday  
8am-12pm  
725 Lexington St., Waltham

### Meals to Go for Homeless Residents

**Community Day Center of Waltham**  
Bag lunches outside the center.  
Mon-Fri, 12:30  
16 Felton Street, Waltham

**WIC, for nursing mothers and babies 0-5**  
Apply over the phone:  
781-642-7194
**Free Groceries**

**Immanuel Church Food Pantry, Middlesex Human Services Agency**
Pantry offers a variety of fresh, frozen and canned foods. All are welcome.
Wednesdays, 9am - 12pm
545 Moody Street (Enter from Cherry Street)

**Watch City Food Market**
Open to any Waltham resident. No registration necessary. One full bag of groceries. A line for cars where staff will put food in trunks and a separate line for walkers. Upcoming dates: April 16, May 7 4:00-5:30 pm
St. Mary’s Church, Waltham (parking lot on Pond Street)

**Salvation Army Food Pantry**
Each individual or family can get food once a month. Bring photo ID, proof of address (lease, utility bill) and income (paystubs, Social Security letter).
Monday-Friday
10am-12pm
781-894-0413
33 Myrtle Street

**Christ Church-Grandma’s Pantry**
Waltham residents ages 60+. Bring ID for first visit.
2nd and 4th Saturdays
9:00am-11:00am
750 Main St, Waltham

**Charles River Community Health Center**
Open to patients of Charles River Community Health Center Waltham or Brighton. Drive-thru, no registration process; participants receive a bag of fresh produce.
April 7, April 21
2:30-3:30pm
Charles River Community Health Center
495 Western Avenue, Brighton

**Middlesex Human Services Agency Food Market**
Bag of groceries
Saturday, April 18
1-2pm
50 Prospect St., Waltham parking lot

**Financial Assistance for Rent**

Housing Courts are closed until May 4, 2020/ No evictions will be processed.

2 Ways to apply for help with Rent:
Waltham Emergency Assistance for rent, mortgage & utility assistance. Waltham residents only. To request an application, please call the Waltham Housing Division at 781-314-3386 and leave your name and phone number on the voicemail or email ccaseybrenner@city.waltham.ma.us

RAFT, a state funded program through Metro Housing Boston. Fill out the pre-application today!
www.metrohousingboston.org/what-we-do/specialized-services/raft/

Have more questions? Please go to the website: www.watchcdc.org or call Suzi 781-891-6689 ext. 203 at WATCH CDC and leave your name and number