

**Waltham Free Food Resources October 3-October 9, 2022**  
**Compiled by WATCH CDC [www.watchcdc.org](http://www.watchcdc.org)**

**Monday, October 3**

**10–12:00pm** [Breakfast & Lunch to go for anyone] Salvation Army - 33 Myrtle Street.  
**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street  
**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton Street  
**4:30-5:30pm** [Dinner to go for anyone] Bristol Lodge Soup Kitchen, MHSA - Immanuel Methodist Church, 545 Moody Street

**Tuesday, October 4**

**10–12:00pm** [Breakfast, Lunch + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle Street.  
**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street & Waltham Mills Apts. 174 Moody Street  
**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton Street  
**2:30-6pm** [Groceries, toiletries + Senior Hour 1-2pm] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity Church, pick up on Furber Lane. New families must register. More info. at [www.centrestfoodpantry.org](http://www.centrestfoodpantry.org)  
**4:30-5:30pm** [Dinner to go for anyone] Bristol Lodge Soup Kitchen, MHSA - Immanuel Methodist Church, 545 Moody Street

**Wednesday, October 5**

**9-12pm** [Groceries for anyone] Bristol Lodge Food Pantry, MHSA - Immanuel Church, 545 Moody St. (Enter from Cherry St.)  
**10–12:00pm** [Breakfast, Lunch + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle Street  
**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street  
**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton Street  
**4:30-5:30pm** [Dinner to go for anyone] Bristol Lodge Soup Kitchen, MHSA- Immanuel Methodist Church, 545 Moody Street

**Thursday, October 6**

**10–12:00pm** [Breakfast, Lunch + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle Street  
**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street  
**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton Street  
**4:30-5:30pm** [Dinner to go for anyone] Bristol Lodge Soup Kitchen, MHSA - Immanuel Methodist Church, 545 Moody Street

**Friday, October 7**

**10–12:00pm** [Breakfast & Lunch to go for anyone] Salvation Army - 33 Myrtle Street  
**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street  
**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton Street  
**4:30-5:30pm** [Dinner to go for anyone] Bristol Lodge Soup Kitchen, MHSA- Immanuel Methodist Church, 545 Moody Street. Double meals on Fridays.

**Saturday, October 8**

**8-10am** [Groceries to go for all MA residents] Medway Village Food Pantry - 170 Village St, Medway. On site registration.

**Sunday, October 9- No Service**

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**Salvation Army Food Pantry**

[**10-12:00pm**] Each individual or family can get food once a month. Bring photo ID, proof of address (lease, utility bill) and income (paystubs, Social Security letter). 781-894-0413 Food is prepared to go - 33 Myrtle Street

To Go Meals- 10-12pm Mon., Tue., Wed., Thurs. and Friday

Fresh Fruit and Vegetables - Second and fourth Wednesday of the month

Bread Pantry - 10-12pm Tue., Wed. and Thursdays

**Are you eligible for SNAP benefits? Find out today by making an appointment with Charles River Health Center  
617-208-1562 or <https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>  
Are you eligible for WIC benefits? Call 781-642-7194 to learn more.**