

Waltham Free Food Resources May 13-19, 2024 **Compiled by WATCH CDC www.watchcdc.org**

Are you eligible for SNAP benefits? Find out today by making an appointment with Charles River Health Center 617-208-1562 or <https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>. Are you eligible for WIC benefits? Call 781-642-7194 to learn more.

Monday, May 13

7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church Street
10-12:00pm [Breakfast & Lunch to go for anyone] Salvation Army - 33 Myrtle Street.
11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street
12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton Street
4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.- Masks required inside.

Tuesday, May 14

7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church Street
10-12:00pm [Breakfast, Lunch, + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle Street.
11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street & Waltham Mills Apts. 174 Moody Street
12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton Street
2:30-6pm [Groceries, toiletries + Senior Hour 1-2pm] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity Church, pick up on Furber Lane. New families must register. More info. at www.centrestfoodpantry.org
4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.– Masks required inside.

Wednesday, May 15

7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church Street
9-12pm [Groceries for anyone] Bristol Lodge Food Pantry, MHSA - Christ Church Episcopal, 750 Main Street.
10-12:00pm [Breakfast, Lunch + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle Street
11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street
12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton Street
4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA- Christ Church Episcopal, 750 Main St. – Masks required inside.
6:00pm [Groceries for anyone] Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free grocery distribution for all. No ID required.

Thursday, May 16

7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church Street
10-12:00pm [Breakfast, Lunch + Bread and Pastry to go for anyone] Salvation Army - 33 Myrtle Street
11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street
12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton Street
4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.- Masks required inside.

Friday, May 17

7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church Street
10-12:00pm [Breakfast & Lunch to go for anyone] Salvation Army - 33 Myrtle Street.
11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street
12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton Street
4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA- Christ Church Episcopal, 750 Main Street. -- Masks required inside. Double meals on Fridays.

Saturday, May 18

8-10am [Groceries to go for all MA residents] Medway Village Food Pantry - 170 Village St, Medway. On site registration.
11:30-12:30pm [Groceries to go for all] MHSA Mobile Market, 50 Prospect St

Sunday, May 19

2-4pm [Lunch for all] Temple Beth Israel/Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free food for all.

Salvation Army Food Pantry

[10-12:00pm] Each individual or family can get food once a month. Bring photo ID, proof of address (lease, utility bill) and income (paystubs, Social Security letter). 781-894-0413 Food is prepared to go - 33 Myrtle Street
- To Go Meals- 10-12pm Mon., Tue., Wed., Thurs. and Friday - Fresh Fruit and Vegetables - Second and fourth Wednesday of the month
- Bread Pantry - 10-12pm Tue., Wed. and Thursdays

Waltham YMCA Little Free Pantry

[Open during business hours/ 7 days a week] Community pantry. Canned goods, non perishables, canned/ bottled beverages and water available. No membership or registration required. Located in the vestibule of the Waltham YMCA - 725 Lexington St.