

Waltham Free Food Resources May 20-26, 2024 **Compiled by WATCH CDC www.watchcdc.org**

Are you eligible for SNAP benefits? Find out today by making an appointment with Charles River Health Center 617-208-1562 or <https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>. Are you eligible for WIC benefits? Call 781-642-7194 to learn more.

Monday, May 20

- 7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.
- 10-12:00pm** [Breakfast & Lunch to go for anyone] Salvation Army - 33 Myrtle St.
- 11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.
- 12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.
- 4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

Tuesday, May 21

- 7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.
- 10-12:00pm** [Breakfast, Lunch, + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle St.
- 11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street & Waltham Mills Apts. 174 Moody St.
- 12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.
- 2:30-3:30pm** [Groceries] Charles River Community Health Mobile Market, 495 Western Ave, Brighton. Open to patients of Charles River Community Center
- 2:30-6pm** [Groceries, toiletries + Senior Hour 1-2pm] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity Church, pick up on Furber Lane. New families must register. More info. at www.centrestfoodpantry.org
- 4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

Wednesday, May 22

- 7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.
- 9-12pm** [Groceries for anyone] Bristol Lodge Food Pantry, MHSA - Christ Church Episcopal, 750 Main St..
- 10-12:00pm** [Breakfast, Lunch, Fresh Fruit & Vegetables + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle St.
- 11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.
- 12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.
- 4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA- Christ Church Episcopal, 750 Main St.
- 6:00pm** [Groceries for anyone] Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free grocery distribution for all. No ID required.

Thursday, May 23

- 7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.
- 10-12:00pm** [Breakfast, Lunch + Bread and Pastry to go for anyone] Salvation Army - 33 Myrtle St.
- 11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.
- 12-3:00pm** [Groceries to go for anyone by appointment only] Africano Waltham - Saint Peters Church, 750 Main St.
- 12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.
- 1:30-6:00pm** [Groceries to go for anyone] Healthy Waltham - The pantry is WALK UP ONLY. All pantry clients MUST sign up for an appointment through this link: <https://www.your-market.org/> - Fitch School parking lot. Corner Cherry St. and Crescent St. (5 Cherry St). Please park on the street. Please bring your own carts to carry groceries.
- 4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

Friday, May 24

- 7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.
- 10-12:00pm** [Breakfast & Lunch to go for anyone] Salvation Army - 33 Myrtle St.
- 11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.
- 12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.
- 4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA- Christ Church Episcopal, 750 Main St. Double meals on Fridays.

Saturday, May 25

- 8-10am** [Groceries to go for all MA residents] Medway Village Food Pantry - 170 Village St., Medway. On site registration.

Sunday, May 26

- 2-4pm** [Lunch for all] Temple Beth Israel/Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free food for all.
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Salvation Army Food Pantry

- [10-12:00pm]** Each individual or family can get food once a month. Bring photo ID, proof of address (lease, utility bill) and income (paystubs, Social Security letter). 781-894-0413 Food is prepared to go - 33 Myrtle St.
- To Go Meals- 10-12pm Mon., Tue., Wed., Thurs. and Friday - Fresh Fruit and Vegetables - Second and fourth Wednesday of the month
- Bread Pantry - 10-12pm Tue., Wed. and Thursdays

Waltham YMCA Little Free Pantry

- [Open during business hours/ 7 days a week]** Community pantry. Canned goods, non perishables, canned/ bottled beverages and water available. No membership or registration required. Located in the vestibule of the Waltham YMCA - 725 Lexington St.