

## **Waltham Free Food Resources May 6-12, 2024** **Compiled by WATCH CDC [www.watchcdc.org](http://www.watchcdc.org)**

Are you eligible for SNAP benefits? Find out today by making an appointment with Charles River Health Center 617-208-1562 or <https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>. Are you eligible for WIC benefits? Call 781-642-7194 to learn more.

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### **Monday, May 6**

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church Street  
**10-12:00pm** [Breakfast & Lunch to go for anyone] Salvation Army - 33 Myrtle Street.  
**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street  
**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton Street  
**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.- Masks required inside.

### **Tuesday, May 7**

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church Street  
**10-12:00pm** [Breakfast, Lunch, + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle Street.  
**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street & Waltham Mills Apts. 174 Moody Street  
**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton Street  
**2:30-6pm** [Groceries, toiletries + Senior Hour 1-2pm] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity Church, pick up on Furber Lane. New families must register. More info. at [www.centrestfoodpantry.org](http://www.centrestfoodpantry.org)  
**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.– Masks required inside.

### **Wednesday, May 8**

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church Street  
**9-12pm** [Groceries for anyone] Bristol Lodge Food Pantry, MHSA - Christ Church Episcopal, 750 Main Street.  
**10-12:00pm** [Breakfast, Lunch, Fresh Fruit & Vegetables + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle Street  
**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street  
**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton Street  
**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA- Christ Church Episcopal, 750 Main St. – Masks required inside.  
**6:00pm** [Groceries for anyone] Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free grocery distribution for all. No ID required.

### **Thursday, May 9**

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church Street  
**10-12:00pm** [Breakfast, Lunch + Bread and Pastry to go for anyone] Salvation Army - 33 Myrtle Street  
**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street  
**12-3:00pm** [Groceries to go for anyone by appointment only] Africano Waltham - Saint Peters Church, 750 Main Street  
**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton Street  
**1:30-6:00pm** [Groceries to go for anyone] Healthy Waltham - The pantry is WALK UP ONLY. All pantry clients MUST sign up for an appointment through this link: <https://www.your-market.org/> - Fitch School parking lot. Corner Cherry Street and Crescent Street (5 Cherry St). Please park on the street. Please bring your own carts to carry groceries.  
**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.- Masks required inside.

### **Friday, May 10**

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church Street  
**10-12:00pm** [Breakfast & Lunch to go for anyone] Salvation Army - 33 Myrtle Street.  
**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street  
**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton Street  
**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA- Christ Church Episcopal, 750 Main Street. -- Masks required inside. Double meals on Fridays.

### **Saturday, May 11**

**8-10am** [Groceries to go for all MA residents] Medway Village Food Pantry - 170 Village St, Medway. On site registration.

### **Sunday, May 12**

**2-4pm** [Lunch for all] Temple Beth Israel/Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free food for all.

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### **Salvation Army Food Pantry**

**[10-12:00pm]** Each individual or family can get food once a month. Bring photo ID, proof of address (lease, utility bill) and income (paystubs, Social Security letter). 781-894-0413 Food is prepared to go - 33 Myrtle Street  
- To Go Meals- 10-12pm Mon., Tue., Wed., Thurs. and Friday - Fresh Fruit and Vegetables - Second and fourth Wednesday of the month  
- Bread Pantry - 10-12pm Tue., Wed. and Thursdays

### **Waltham YMCA Little Free Pantry**

**[Open during business hours/ 7 days a week]** Community pantry. Canned goods, non perishables, canned/ bottled beverages and water available. No membership or registration required. Located in the vestibule of the Waltham YMCA - 725 Lexington St.