

## **Waltham Free Food Resources July 15-21 2024** **Compiled by WATCH CDC [www.watchcdc.org](http://www.watchcdc.org)**

Are you eligible for SNAP benefits? Find out today by making an appointment with Charles River Health Center 617-208-1562 or <https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>. Are you eligible for WIC benefits? Call 781-642-7194 to learn more.

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### **Monday, July 15**

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.  
**10-12:00pm** [Breakfast & Lunch to go for anyone] Salvation Army - 33 Myrtle St.  
**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.  
**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.  
**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

### **Tuesday, July 16**

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.  
**10-12:00pm** [Breakfast, Lunch, + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle St.  
**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street & Waltham Mills Apts. 174 Moody St.  
**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.  
**2:30-3:30pm** [Groceries] Charles River Community Health Mobile Market, 495 Western Ave, Brighton. Open to patients of Charles River Community Center  
**2:30-6pm** [Groceries, toiletries + Senior Hour 1-2pm] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity Church, pick up on Furber Lane. New families must register. More info. at [www.centrestfoodpantry.org](http://www.centrestfoodpantry.org)  
**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

### **Wednesday, July 17**

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.  
**9-12pm** [Groceries for anyone] Bristol Lodge Food Pantry, MHSA - Christ Church Episcopal, 750 Main St..  
**10-12:00pm** [Breakfast, Lunch + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle St.  
**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.  
**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.  
**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA- Christ Church Episcopal, 750 Main St.  
**6:00pm** [Groceries for anyone] Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free grocery distribution for all. No ID required.

### **Thursday, July 18**

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.  
**10-12:00pm** [Breakfast, Lunch + Bread and Pastry to go for anyone] Salvation Army - 33 Myrtle St.  
**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.  
**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.  
king lot. Corner Cherry Street and Crescent Street (5 Cherry St). Please park on the street. Please bring your own carts to carry groceries.  
**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

### **Friday, July 19**

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.  
**10-12:00pm** [Breakfast & Lunch to go for anyone] Salvation Army - 33 Myrtle St.  
**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.  
**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.  
**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA- Christ Church Episcopal, 750 Main St. Double meals on Fridays.

### **Saturday, July 20**

**11:30-12:30pm** [Groceries to go for all] MHSA Mobile Market, 50 Prospect St

### **Sunday, July 21**

**2-4pm** [Lunch for all] Temple Beth Israel/Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free food for all.

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### **Salvation Army Food Pantry**

**[10-12:00pm]** Each individual or family can get food once a month. Bring photo ID, proof of address (lease, utility bill) and income (paystubs, Social Security letter). 781-894-0413 Food is prepared to go - 33 Myrtle St.  
- To Go Meals- 10-12pm Mon., Tue., Wed., Thurs. and Friday  
- Fresh Fruit and Vegetables - Second and fourth Wednesday of the month  
- Bread Pantry - 10-12pm Tue., Wed. and Thursdays

### **Waltham YMCA Little Free Pantry**

**[Open during business hours/ 7 days a week]** Community pantry. Canned goods, non perishables, canned/ bottled beverages and water available. No membership or registration required. Located in the vestibule of the Waltham YMCA - 725 Lexington St.