

Waltham Free Food Resources July 22-28 2024 **Compiled by WATCH CDC www.watchcdc.org**

Are you eligible for SNAP benefits? Find out today by making an appointment with Charles River Health Center 617-208-1562 or <https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>. Are you eligible for WIC benefits? Call 781-642-7194 to learn more.

Monday, July 22

7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.
10-12:00pm [Breakfast & Lunch to go for anyone] Salvation Army - 33 Myrtle St.
11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.
4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

Tuesday, July 23

7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.
10-12:00pm [Breakfast, Lunch, + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle St.
11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street & Waltham Mills Apts. 174 Moody St.
2:30-6pm [Groceries, toiletries + **Senior Hour 1-2pm**] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity Church, pick up on Furber Lane. New families must register. More info. at www.centrestfoodpantry.org
4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

Wednesday, July 24

7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.
9-12pm [Groceries for anyone] Bristol Lodge Food Pantry, MHSA - Christ Church Episcopal, 750 Main St..
10-12:00pm [Breakfast, Lunch, Fresh Fruit & Vegetables + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle St.
11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.
4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA- Christ Church Episcopal, 750 Main St.
6:00pm [Groceries for anyone] Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free grocery distribution for all. No ID required.

Thursday, July 25

7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.
10-12:00pm [Breakfast, Lunch + Bread and Pastry to go for anyone] Salvation Army - 33 Myrtle St.
11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.
12-3:00pm [Groceries to go for anyone by appointment only] Africano Waltham - Saint Peters Church, 750 Main St. king lot. Corner Cherry Street and Crescent Street (5 Cherry St). Please park on the street. Please bring your own carts to carry groceries.
1:30-6:00pm [Groceries to go for anyone] Healthy Waltham - The pantry is WALK UP ONLY. All pantry clients MUST sign up for an appointment through this link: <https://www.your-market.org/> - Fitch School parking lot. Corner Cherry St. and Crescent St. (5 Cherry St). Please park on the street. Please bring your own carts to carry groceries.
4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

Friday, July 26

7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.
10-12:00pm [Breakfast & Lunch to go for anyone] Salvation Army - 33 Myrtle St.
11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.
4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA- Christ Church Episcopal, 750 Main St. Double meals on Fridays.

Saturday, July 27

Sunday, July 28

2-4pm [Lunch for all] Temple Beth Israel/Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free food for all.

Salvation Army Food Pantry

[10-12:00pm] Each individual or family can get food once a month. Bring photo ID, proof of address (lease, utility bill) and income (paystubs, Social Security letter). 781-894-0413 Food is prepared to go - 33 Myrtle St.
- To Go Meals- 10-12pm Mon., Tue., Wed., Thurs. and Friday
- Fresh Fruit and Vegetables - Second and fourth Wednesday of the month
- Bread Pantry - 10-12pm Tue., Wed. and Thursdays

Waltham YMCA Little Free Pantry

[Open during business hours/ 7 days a week] Community pantry. Canned goods, non perishables, canned/ bottled beverages and water available. No membership or registration required. Located in the vestibule of the Waltham YMCA - 725 Lexington St.