Waltham Free Food Resources August 12 - 18, 2024
Compiled by WATCH CDC www.watchcdc.org

Are you eligible for SNAP benefits? Find out today by making an appointment with Charles River Health Center 617-208-1562 or https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps. Are you eligible for WIC benefits? Call 781-642-7194 to learn more.

Monday, August 12
10–12:00pm [Breakfast & Lunch to go for anyone] Salvation Army - 33 Myrtle St.
11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.
12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton St.
4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

Tuesday, August 13
7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.
10–12:00pm [Breakfast, Lunch, + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle St.
11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street & Waltham Mills Apts. 174 Moody St.
12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton St.
2:30-6pm [Groceries, toiletries + Senior Hour 1-2pm] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity Church, pick up on Furber Lane. New families must register. More info. at www.centrestfoodpantry.org
4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.
4:30-6pm [Market style vegetables for $5 a bag, August 13-October 8] Waltham Fields Community Farm Mobile Outreach Market - First Parish Church, 50 Church St.

Wednesday, August 14
7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.
9-12pm [Groceries for anyone] Bristol Lodge Food Pantry, MHSA - Christ Church Episcopal, 750 Main St..
10–12:00pm [Breakfast, Lunch, Fresh Fruit & Vegetables + Bread Pantry to go for anyone] Salvation Army - 33 Myrtle St.
11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.
12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton St.
4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA- Christ Church Episcopal, 750 Main St.
6:00pm [Groceries for anyone] Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free grocery distribution for all. No ID required.

Thursday, August 15
7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.
10–12:00pm [Breakfast, Lunch + Bread and Pastry to go for anyone] Salvation Army - 33 Myrtle St.
11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.
12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton St.
4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

Friday, August 16
10–12:00pm [Breakfast & Lunch to go for anyone] Salvation Army - 33 Myrtle St.
11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.
12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton St.
4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA- Christ Church Episcopal, 750 Main St. Double meals on Fridays.

Saturday, August 17
9:30am-2pm [fresh local produce, SNAP & EBT accepted] *This market is not free.* Waltham Farmers Market, 65 Lexington St. (The former Elks parking lot, opposite Government Center).
11:30-12:30pm [Groceries to go for all] MHSA Mobile Market, 50 Prospect St.

Sunday, August 18
2-4pm [Lunch for all] Temple Beth Israel/Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free food for all.

Salvation Army Food Pantry
[**10-12:00pm**] Each individual or family can get food once a month. Bring photo ID, proof of address (lease, utility bill) and income (paystubs, Social Security letter). 781-894-0413 Food is prepared to go - 33 Myrtle St.
- To Go Meals- 10-12pm Mon., Tue., Wed., Thurs. and Friday
- Fresh Fruit and Vegetables - Second and fourth Wednesday of the month
- Bread Pantry - 10-12pm Tue., Wed. and Thursdays

Waltham YMCA Little Free Pantry
[**Open during business hours/ 7 days a week**] Community pantry. Canned goods, non perishables, canned/ bottled beverages and water available. No membership or registration required. Located in the vestibule of the Waltham YMCA - 725 Lexington St.