

## Waltham Free Food Resources October 28-November 3, 2024

### Compiled by WATCH CDC [www.watchcdc.org](http://www.watchcdc.org)

Are you eligible for SNAP benefits? Find out today by making an appointment with Charles River Health Center 617-208-1562 or <https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>. Are you eligible for WIC benefits? Call 781-642-7194 to learn more.

#### Salvation Army Food Pantry

**[10-12:00pm]** Each individual or family can get food once a month. Bring photo ID, proof of address (lease, utility bill) and income (paystubs, Social Security letter). 781-894-0413 Food is prepared to go - 33 Myrtle St.

- To Go Meals- 10-12pm Monday-Friday
- Fresh Fruit and Vegetables - Second and fourth Wednesday of the month
- Bread Pantry - 10-12pm Tue., Wed. and Thursdays

#### Waltham YMCA Little Free Pantry

**[Open during business hours/ 7 days a week]** Community pantry. Canned goods, non perishables, canned/ bottled beverages and water available. No membership or registration required. Located in the vestibule of the Waltham YMCA - 725 Lexington St.

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#### Monday, October 28

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.

**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

#### Tuesday, October 29

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street & Waltham Mills Apts. 174 Moody St.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.

**2:30-6pm** [Groceries, toiletries + Senior Hour 1-2pm] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity Church, pick up on Furber Lane. New families must register. More info. at [www.centrestfoodpantry.org](http://www.centrestfoodpantry.org)

**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

#### Wednesday, October 30

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

**9-12pm** [Groceries for anyone] Bristol Lodge Food Pantry, MHSA - Christ Church Episcopal, 750 Main St..

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.

**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA- Christ Church Episcopal, 750 Main St.

**6:00pm** [Groceries for anyone] Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free grocery distribution for all. No ID required.

#### Thursday, October 31

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.

**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

#### Friday, November 1

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.

**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA- Christ Church Episcopal, 750 Main St. Double meals on Fridays.

#### Saturday, November 2

11:30am-2pm [groceries, toiletries] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity Church, pick up on Furber Lane. Must register the first time. New families must register. More info. at [www.centrestfoodpantry.org](http://www.centrestfoodpantry.org)

#### Sunday, November 3

**2-4pm** [Lunch for all] Temple Beth Israel/Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free food for all.