

## Waltham Free Food Resources November 4-10, 2024

Compiled by WATCH CDC [www.watchcdc.org](http://www.watchcdc.org)

Are you eligible for SNAP benefits? Find out today by making an appointment with Charles River Health Center 617-208-1562 or <https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>. Are you eligible for WIC benefits? Call 781-642-7194 to learn more.

### Salvation Army Food Pantry

**[10-12:00pm]** Each individual or family can get food once a month. Bring photo ID, proof of address (lease, utility bill) and income (paystubs, Social Security letter). 781-894-0413 Food is prepared to go - 33 Myrtle St.

- To Go Meals- 10-12pm Monday-Friday

- Fresh Fruit and Vegetables - Second and fourth Wednesday of the month

- Bread Pantry - 10-12pm Tue., Wed. and Thursdays

### Waltham YMCA Little Free Pantry

**[Open during business hours/ 7 days a week]** Community pantry. Canned goods, non perishables, canned/ bottled beverages and water available. No membership or registration required. Located in the vestibule of the Waltham YMCA - 725 Lexington St.

---

### Monday, November 4

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.

**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

### Tuesday, November 5 - Election Day

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street & Waltham Mills Apts. 174 Moody St.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.

**2:30-6pm** [Groceries, toiletries + Senior Hour 1-2pm] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity Church, pick up on Furber Lane. New families must register. More info. at [www.centrestfoodpantry.org](http://www.centrestfoodpantry.org)

**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

### Wednesday, November 6

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

**9-12pm** [Groceries for anyone] Bristol Lodge Food Pantry, MHSA - Christ Church Episcopal, 750 Main St..

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.

**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA- Christ Church Episcopal, 750 Main St.

**6:00pm** [Groceries for anyone] Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free grocery distribution for all. No ID required.

### Thursday, November 7

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.

**1:30-6:00pm** [Groceries to go for anyone] Healthy Waltham - The pantry is WALK UP ONLY. All pantry clients MUST sign up for an appointment through this link: <https://www.your-market.org/> - Fitch School parking lot. Corner Cherry Street and Crescent Street (5 Cherry St). Please park on the street. Please bring your own carts to carry groceries.

**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

### Friday, November 8

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.

**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA- Christ Church Episcopal, 750 Main St. Double meals on Fridays.

### Saturday, November 9

### Sunday, November 10

**2-4pm** [Lunch for all] Temple Beth Israel/Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free food for all.