

## **Waltham Free Food Resources July 28-Aug 3**

### **Compiled by WATCH CDC [www.watchcdc.org](http://www.watchcdc.org) *\*subject to changes\****

Are you eligible for SNAP benefits? Find out today by making an appointment with Charles River Health Center 617-208-1562 or <https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>. Are you eligible for WIC benefits? Call 781-642-7194 to learn more.

#### **Salvation Army Food Pantry**

**[10-12:00pm]** Each individual or family can get food once a month. Bring photo ID, proof of address (lease, utility bill) and income (paystubs, Social Security letter). 781-894-0413 Food is prepared to go - 33 Myrtle St.

- To Go Meals- 10-12pm Monday-Friday

- Fresh Fruit and Vegetables - Second and fourth Wednesday of the month

- Bread Pantry - 10-12pm Tue., Wed. and Thursdays

#### **Waltham YMCA Little Free Pantry**

**[Open during business hours/ 7 days a week]** Community pantry. Canned goods, non perishables, canned/ bottled beverages and water available. No membership or registration required. Located in the vestibule of the Waltham YMCA - 725 Lexington St.

**Project Bread, Summer Eats (Breakfast, Snack, Lunch & Dinner for 18 & younger) - Check attached pdf for locations and times.**

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#### **Monday, July 28**

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

**11:00am & 2:00pm** [Snack for 18 and younger] Waltham Public Library - 735 Main St. provided by Waltham Boys & Girls Club.

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street & Waltham Mills Apts. 174 Moody St.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.

**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

#### **Tuesday, July 29**

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

**11:00am & 2:00pm** [Snack for 18 and younger] Waltham Public Library - 735 Main St. provided by Waltham Boys & Girls Club.

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street & Waltham Mills Apts. 174 Moody St.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.

**2:30-6pm** [Groceries, toiletries + Senior Hour 1-2pm] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity Church, pick up on Furber Lane. New families must register. More info. at [www.centrestfoodpantry.org](http://www.centrestfoodpantry.org)

**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

**4:30-6:30pm** [Market style vegetables for \$5 a bag, July - October 7] Waltham Fields Community Farm Mobile Outreach Market - First Parish Church, 50 Church St. Lower parking lot.

#### **Wednesday, July 30**

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

**11:00am & 2:00pm** [Snack for 18 and younger] Waltham Public Library - 735 Main St. provided by Waltham Boys & Girls Club.

**9-12pm** [Groceries for anyone] Bristol Lodge Food Pantry, MHSA - Christ Church Episcopal, 750 Main St.

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.

**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

**6:00pm** [Groceries for anyone] Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free grocery distribution for all. No ID required.

#### **Thursday, July 31**

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

**11:00am & 2:00pm** [Snack for 18 and younger] Waltham Public Library - 735 Main St. provided by Waltham Boys & Girls Club.

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.

**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

#### **Friday, August 1**

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

**11:00am & 2:00pm** [Snack for 18 and younger] Waltham Public Library - 735 Main St. provided by Waltham Boys & Girls Club.

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.

**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA- Christ Church Episcopal, 750 Main St. Double meals on Fridays.

#### **Saturday, August 2**

#### **Sunday, August 3**

**2-4pm** [Lunch for all] Temple Beth Israel/Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free food for all.

## June 24 - August 15

|                                   |                 |           |                      |
|-----------------------------------|-----------------|-----------|----------------------|
| <b>Summer Sessions<br/>(WBGC)</b> | 20 Exchange St. | Breakfast | 8:30 - 9:15 am       |
|                                   |                 | Lunch     | 11:30 am - 12:15 pm  |
| <b>Waltham Public Library</b>     | 735 Main St.    | Lunch     | 11:30 am - 12 pm     |
|                                   |                 | Snack     | 2-2:30 pm            |
|                                   |                 | *June 26  | Magic Show           |
|                                   |                 | *July 17  | Yo-Yo Show           |
|                                   |                 | *July 30  | Flying High Dog Show |

## July 1- August 15

|                               |                         |           |                  |
|-------------------------------|-------------------------|-----------|------------------|
| <b>Milestones</b>             | 410 Totten Pond Rd Fl 2 | Lunch     | 12 - 12:30 pm    |
| <b>Northeast Elementary</b>   | 70 Putney Ln.           | Breakfast | 8:15 - 8:45 am   |
|                               |                         | Lunch     | 11:00 - 11:30 am |
| <b>McDevitt Middle School</b> | 75 Church St.           | Breakfast | 8:45 - 9:15 am   |
|                               |                         | Lunch     | 12:30 - 1 pm     |

## July 7- August 1

|                              |                   |           |                     |
|------------------------------|-------------------|-----------|---------------------|
| <b>Plympton Elementary</b>   | 20 Farnsworth St. | Breakfast | 8:15 - 8:45 am      |
|                              |                   | Lunch     | 11:00 am - 12:15 pm |
| <b>Kennedy Middle School</b> | 655 Lexington St. | Breakfast | 8:45 - 9:15 am      |
|                              |                   | Lunch     | 12:00 - 12:45 pm    |
| <b>Whittemore Elementary</b> |                   | Breakfast | 8:15 - 8:45 am      |
|                              |                   | Lunch     | 11:00 am - 12:15 pm |