

Waltham Free Food Resources July 7-13, 2025

Compiled by WATCH CDC www.watchcdc.org **subject to changes**

Are you eligible for SNAP benefits? Find out today by making an appointment with Charles River Health Center 617-208-1562 or <https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>. Are you eligible for WIC benefits? Call 781-642-7194 to learn more.

Salvation Army Food Pantry

[10-12:00pm] Each individual or family can get food once a month. Bring photo ID, proof of address (lease, utility bill) and income (paystubs, Social Security letter). 781-894-0413 Food is prepared to go - 33 Myrtle St.

- To Go Meals- 10-12pm Monday-Friday
- Fresh Fruit and Vegetables - Second and fourth Wednesday of the month
- Bread Pantry - 10-12pm Tue., Wed. and Thursdays

Waltham YMCA Little Free Pantry

[Open during business hours/ 7 days a week] Community pantry. Canned goods, non perishables, canned/ bottled beverages and water available. No membership or registration required. Located in the vestibule of the Waltham YMCA - 725 Lexington St.

Project Bread, Summer Eats (Breakfast, Snack, Lunch & Dinner for 18 & younger)- Check attached pdf for locations and times.

Monday, July 7

7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

11:00am & 2:00pm [Snack for 18 and younger] Waltham Public Library - 735 Main St. provided by Waltham Boys & Girls Club.

11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street & Waltham Mills Apts. 174 Moody St.

12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton St.

4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

Tuesday, July 8

7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

11:00am & 2:00pm [Snack for 18 and younger] Waltham Public Library - 735 Main St. provided by Waltham Boys & Girls Club.

11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street & Waltham Mills Apts. 174 Moody St.

12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton St.

2:30-6pm [Groceries, toiletries + Senior Hour 1-2pm] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity Church, pick up on Furber Lane. New families must register. More info. at www.centrestfoodpantry.org

4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

Wednesday, July 9

7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

11:00am & 2:00pm [Snack for 18 and younger] Waltham Public Library - 735 Main St. provided by Waltham Boys & Girls Club.

9-12pm [Groceries for anyone] Bristol Lodge Food Pantry, MHSA - Christ Church Episcopal, 750 Main St.

11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton St.

4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

6:00pm [Groceries for anyone] Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free grocery distribution for all. No ID required.

Thursday, July 10

7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

11:00am & 2:00pm [Snack for 18 and younger] Waltham Public Library - 735 Main St. provided by Waltham Boys & Girls Club.

11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton St.

1:30-5:00pm [Groceries to go for anyone] Healthy Waltham - The pantry is WALK UP ONLY. All pantry clients MUST sign up for an appointment through this link: <https://www.your-market.org/> - Fitch School parking lot. Corner Cherry Street and Crescent Street (5 Cherry St). Please park on the street. Please bring your own carts to carry groceries.

4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

Friday, July 11

7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

11:00am & 2:00pm [Snack for 18 and younger] Waltham Public Library - 735 Main St. provided by Waltham Boys & Girls Club.

11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton St.

4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA- Christ Church Episcopal, 750 Main St. Double meals on Fridays.

Saturday, July 12

Sunday, July 13

2-4pm [Lunch for all] Temple Beth Israel/Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free food for all.

June 24 - August 15

Summer Sessions (WBGC)	20 Exchange St.	Breakfast	8:30 - 9:15 am
		Lunch	11:30 am - 12:15 pm
Waltham Public Library	735 Main St.	Lunch	11:30 am - 12 pm
		Snack	2-2:30 pm
		*June 26	Magic Show
		*July 17	Yo-Yo Show
		*July 30	Flying High Dog Show

July 1- August 15

Milestones	410 Totten Pond Rd Fl 2	Lunch	12 - 12:30 pm
Northeast Elementary	70 Putney Ln.	Breakfast	8:15 - 8:45 am
		Lunch	11:00 - 11:30 am
McDevitt Middle School	75 Church St.	Breakfast	8:45 - 9:15 am
		Lunch	12:30 - 1 pm

July 7- August 1

Plympton Elementary	20 Farnsworth St.	Breakfast	8:15 - 8:45 am
		Lunch	11:00 am - 12:15 pm
Kennedy Middle School	655 Lexington St.	Breakfast	8:45 - 9:15 am
		Lunch	12:00 - 12:45 pm
Whittemore Elementary		Breakfast	8:15 - 8:45 am
		Lunch	11:00 am - 12:15 pm