

## **Waltham Free Food Resources Aug 4-10**

### **Compiled by WATCH CDC [www.watchcdc.org](http://www.watchcdc.org) *\*subject to changes\****

Are you eligible for SNAP benefits? Find out today by making an appointment with Charles River Health Center 617-208-1562 or <https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>. Are you eligible for WIC benefits? Call 781-642-7194 to learn more.

#### **Salvation Army Food Pantry**

**[10-12:00pm]** Each individual or family can get food once a month. Bring photo ID, proof of address (lease, utility bill) and income (paystubs, Social Security letter). 781-894-0413 Food is prepared to go - 33 Myrtle St.

- To Go Meals- 10-12pm Monday-Friday

- Fresh Fruit and Vegetables - Second and fourth Wednesday of the month

- Bread Pantry - 10-12pm Tue., Wed. and Thursdays

#### **Waltham YMCA Little Free Pantry**

**[Open during business hours/ 7 days a week]** Community pantry. Canned goods, non perishables, canned/ bottled beverages and water available. No membership or registration required. Located in the vestibule of the Waltham YMCA - 725 Lexington St.

**Project Bread, Summer Eats (Breakfast, Snack, Lunch & Dinner for 18 & younger) - Check attached pdf for locations and times.**

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#### **Monday, Aug 4**

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

**11:00am & 2:00pm** [Snack for 18 and younger] Waltham Public Library - 735 Main St. provided by Waltham Boys & Girls Club.

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street & Waltham Mills Apts. 174 Moody St.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.

**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

#### **Tuesday, Aug 5**

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

**11:00am & 2:00pm** [Snack for 18 and younger] Waltham Public Library - 735 Main St. provided by Waltham Boys & Girls Club.

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street & Waltham Mills Apts. 174 Moody St.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.

**2:30-6pm** [Groceries, toiletries + Senior Hour 1-2pm] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity Church, pick up on Furber Lane. New families must register. More info. at [www.centrestfoodpantry.org](http://www.centrestfoodpantry.org)

**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

**4:30-6:30pm** [Market style vegetables for \$5 a bag, July - October 7] Waltham Fields Community Farm Mobile Outreach Market - First Parish Church, 50 Church St. Lower parking lot.

#### **Wednesday, Aug 6**

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

**11:00am & 2:00pm** [Snack for 18 and younger] Waltham Public Library - 735 Main St. provided by Waltham Boys & Girls Club.

**9-12pm** [Groceries for anyone] Bristol Lodge Food Pantry, MHSA - Christ Church Episcopal, 750 Main St.

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.

**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

**6:00pm** [Groceries for anyone] Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free grocery distribution for all. No ID required.

#### **Thursday, Aug 7**

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

**11:00am & 2:00pm** [Snack for 18 and younger] Waltham Public Library - 735 Main St. provided by Waltham Boys & Girls Club.

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.

**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

#### **Friday, Aug 8**

**7:30-10:30am** [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

**11:00am & 2:00pm** [Snack for 18 and younger] Waltham Public Library - 735 Main St. provided by Waltham Boys & Girls Club.

**11:30am** [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

**12:30pm** [Lunch to go for anyone] The Community Day Center, 16 Felton St.

**4:30-5:30pm** [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA- Christ Church Episcopal, 750 Main St. Double meals on Fridays.

#### **Saturday, Aug 9**

#### **Sunday, Aug 10**

**2-4pm** [Lunch for all] Temple Beth Israel/Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free food for all.

## June 24 - August 15

<b>Summer Sessions (WBGC)</b>	20 Exchange St.	Breakfast	8:30 - 9:15 am
		Lunch	11:30 am - 12:15 pm
<b>Waltham Public Library</b>	735 Main St.	Lunch	11:30 am - 12 pm
		Snack	2-2:30 pm
		*June 26	Magic Show
		*July 17	Yo-Yo Show
		*July 30	Flying High Dog Show

## July 1- August 15

<b>Milestones</b>	410 Totten Pond Rd Fl 2	Lunch	12 - 12:30 pm
<b>Northeast Elementary</b>	70 Putney Ln.	Breakfast	8:15 - 8:45 am
		Lunch	11:00 - 11:30 am
<b>McDevitt Middle School</b>	75 Church St.	Breakfast	8:45 - 9:15 am
		Lunch	12:30 - 1 pm

## July 7- August 1

<b>Plympton Elementary</b>	20 Farnsworth St.	Breakfast	8:15 - 8:45 am
		Lunch	11:00 am - 12:15 pm
<b>Kennedy Middle School</b>	655 Lexington St.	Breakfast	8:45 - 9:15 am
		Lunch	12:00 - 12:45 pm
<b>Whittemore Elementary</b>		Breakfast	8:15 - 8:45 am
		Lunch	11:00 am - 12:15 pm