

Waltham Free Food Resources Sep 15-21

Compiled by WATCH CDC www.watchcdc.org *subject to changes*

Are you eligible for SNAP benefits? Find out today by making an appointment with Charles River Health Center 617-208-1562 or <https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps>. Are you eligible for WIC benefits? Call 781-642-7194 to learn more.

Salvation Army Food Pantry

[10-12:00pm] Each individual or family can get food once a month. Bring photo ID, proof of address (lease, utility bill) and income (paystubs, Social Security letter). 781-894-0413 Food is prepared to go - 33 Myrtle St.

- To Go Meals- 10-12pm Monday-Friday

- Fresh Fruit and Vegetables - Second and fourth Wednesday of the month

- Bread Pantry - 10-12pm Tue., Wed. and Thursdays

Waltham YMCA Little Free Pantry

[Open during business hours/ 7 days a week] Community pantry. Canned goods, non perishables, canned/ bottled beverages and water available. No membership or registration required. Located in the vestibule of the Waltham YMCA - 725 Lexington St.

Monday, Sep 15

11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton St.

3:00pm & 5:30 [Snack & Dinner for 18 and younger] Waltham Public Library - 735 Main St. provided by Waltham Boys & Girls Club.

4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

Tuesday, Sep 16

7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine Street & Waltham Mills Apts. 174 Moody St.

12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton St.

2:30-3:30pm [Groceries] Charles River Community Health Mobile Market, 495 Western Ave, Brighton. Open to patients of Charles River Community Center

2:30-6pm [Groceries, toiletries + Senior Hour 1-2pm] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity

Church, pick up on Furber Lane. New families must register. More info. at www.centrestfoodpantry.org

3:00pm & 5:30 [Snack & Dinner for 18 and younger] Waltham Public Library - 735 Main St. provided by Waltham Boys & Girls Club.

4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

4:30-6:30pm [Market style vegetables for \$5 a bag, July - October 7] Waltham Fields Community Farm Mobile Outreach Market - First Parish Church, 50 Church St. Lower parking lot.

Wednesday, Sep 17

7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

9-12pm [Groceries for anyone] Bristol Lodge Food Pantry, MHSA - Christ Church Episcopal, 750 Main St.

11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton St.

3:00pm & 5:30 [Snack & Dinner for 18 and younger] Waltham Public Library - 735 Main St. provided by Waltham Boys & Girls Club.

4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

6:00pm [Groceries for anyone] Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station). Free grocery distribution for all. No ID required.

Thursday, Sep 18

7:30-10:30am [Hot Breakfast for all, welcome to sit and eat] Chaplains on the Way - 50 Church St.

11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton St.

3:00pm & 5:30 [Snack & Dinner for 18 and younger] Waltham Public Library - 735 Main St. provided by Waltham Boys & Girls Club.

4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA - Christ Church Episcopal, 750 Main St.

Friday, Sep 19

11:30am [Meals to go for residents over 60] Springwell - Waltham Clark Apts. 48 Pine St.

12:30pm [Lunch to go for anyone] The Community Day Center, 16 Felton St.

3:00pm & 4:30 [Snack & Dinner for 18 and younger] Waltham Public Library - 735 Main St. provided by Waltham Boys & Girls Club.

4:30-5:30pm [Dinner to go for all] Bristol Lodge Soup Kitchen, MHSA- Christ Church Episcopal, 750 Main St. Double meals on Fridays.

Saturday, Sep 20

10:00-12pm [groceries, toiletries] Centre St. Food Pantry - 11 Homer St., Newton, Lower level of Trinity Church, pick up on Furber Lane. New families must register. More info. at www.centrestfoodpantry.org

11:30-12:30pm [Food to go for all] MHSA Mobile Market, 50 Prospect St

Sunday, Sep 21

2-4pm [Free lunch for all] Temple Beth Israel/Food Not Bombs, Waltham Commons - 610 Main St. (across the street from the commuter rail station).

