



MENTAL HEALTH RESOURCES

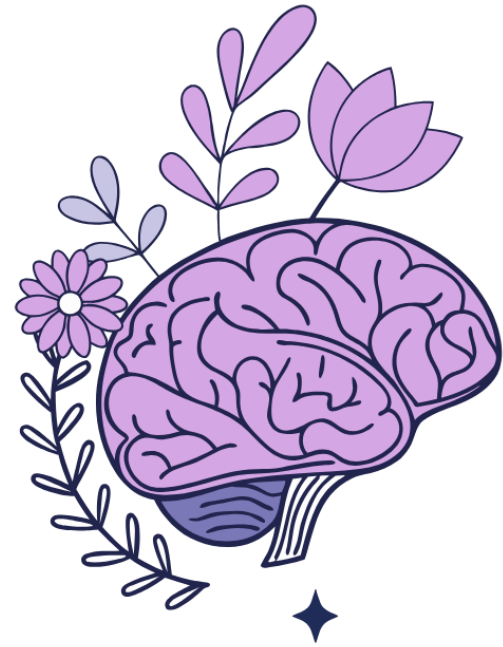
Outpatient Therapy:

Advocates

- Offers individual therapy for children, teens, and adults.
- **Intakes:** Walk-ins take place on Thursdays 9am-12pm in 675 Main Street Waltham, MA; clients can also call 508-661-2038 or complete online intake form.

Charles River Community Health

- Individual therapy for children(7+), teens, and adults.
- **Address:** 43 Foundary Ave, Waltham, MA 02453
- **Contact information:** (781) 693-3800.
- **Contact person:** Beatriz Guerrero
bguerrero@chalresriver.com; 617-783-0500 ex. 1902



Community Based Services:

Wayside Youth and Family

- Offers in home therapy to children and teens up to 20 years old.
- **Address:** 431 River Street, Waltham MA 02453.
- **Phone Number:** (781) 891-0555.
- **Contact person:** Elizabeth (Beth) Garreau.

Referral Services:

William James Interface Referral Service

- Offers mental health referral for all ages.
- **Contact information:** One Wells Avenue | Newton, MA 02459; Dr. Nadja Lopez Reilly, Senior Director (617) 564-9420

JF&CS Mental Health Connect

- A JF&CS mental health professional speak with caller to understand their situation and connect them with expert advice and appropriate resources.
- **Address:** 1430 Main Street, Waltham, MA 02451
- **Phone Number:** (781) 647-5327